

CLOTHING AND FURNITURE

Caring for Kids

(253) 279-9777

Provides clothing, food, school supplies, emergency help Hours vary

NW Furniture Bank

(253) 302-3868

Referral Only Tue-Sat: 9am-2pm

Our Lady of Guadalupe

(253) 582-3384

Maternity clothing, diapers, car seats, strollers: M & F: 10am-12pm

St Francis House

(253) 770-6991

Clothing, household items, furniture, ESL (Español) Hours vary

CRISIS

24-Hour Crisis Line (Mental Health)

(800) 576-7764

Counselors waiting for mental health crises (Español) Hours 24/7

24-Hour Youth Crisis & Help Line

(800) RUNAWAY

For youth in crisis or parents with youth (Español) Hours 24/7

Adult/Child Protective Services

(866) ENDHARM

Physical, emotional & sexual abuse of minors (Español) Hours 24/7

Police/Fire/Emergency

911 For all emergencies (Español) Hours 24/7

Poison Control

(800) 222 1222

24-hour poison hotline (Español) Hours 24/7

Suicide Prevention Hotline

(800) 273-TALK

Talk to someone about anything suicide related (Español) 24/7

DENTAL/ HEALTH/ MATERNITY CARE

Caret Pregnancy & Family Services

(253) 984-6222

Pregnancy tests, ultrasound, baby clothes, car seats, diapers

M-F 9am-5pm

Community Healthcare

(253) 589-7030

Family medical center, immunizations, maternity support, eye and dental clinic M-F 8 am-4:30 pm

Franciscan St Claire Hospital

(253) 985-1711

Emergency room & full service hospital Hours 24/7

Lindquist Dental Clinic for Children

(253) 539-7445

Dental services for birth-20 yrs (Español) M-F 8am-5pm

Molina Healthcare

(800) 294-8620

State Medicaid healthcare (Español) M-F 8am-8pm

DRUG/ALCOHOL SUPPORT

Center for Substance Abuse & Recovery

(253) 284-7814

Youth 14+ outpatient treatment, assessments (Español)

M-Th 8am-5pm

Consejo Counseling

(253) 414-7461

Adult & youth outpatient treatment (Español) M-F 8am-5pm

Crossroads Treatment Center

(253) 473-7474

Assessment & outpatient treatment M-Th 9am-5pm

Detoxification Services

(253) 593-2413

Detox, withdrawal, 13yrs+ (Español) Hours 24/7

Foundation El Camino

(253) 572-3214

Youth multicultural and Adult (Español) M-Th 9am-5pm

Pierce County Alliance

(253) 572-4750

Walk-ins, assessments, outpatient treatment 8:30am-5pm

Pierce County AA

(253) 474-8897

24-hour hotline with AA info

Pierce County NA

(253) 531-8792

24-hour hotline with NA info

Pierce County Al-Anon

(800) 726-8094

Loved ones affected by addiction M-F 8am-6pm

Recovery Helpline

(866)789-1511

Substance abuse, Problem Gambling & Mental Health

DOMESTIC VIOLENCE

Korean Women's Association

(253) 535-4202

Women w/ children shelter & case management M-F: 8:30am-5pm

JBLM Family Advocacy Program

(253) 966-7233

Advocacy for military victims of DV Hours 24/7

YWCA of Pierce County

(253)-272-4181

Domestic violence shelter, advocates & assistance

M-F: 8:30am-5:30pm

Crystal Judson Family Justice Center

(253) 798-4166

Domestic violence legal & support (Español) M-F: 8:30am-4:30pm

EDUCATION EMPLOYMENT

Centro Latino

(253) 572-7717

ESD, ABE & family Support (Español)

Clover Park Technical College

(253) 589-5800

College advising "Get Started Workshop" Hours vary

Education Opportunity Center

(253) 572-5960

Barrier removal for college entrance, FAFSA, testing fees, career assessments (Español) M-Th 9am-5pm Fri 9am-1pm

Goodwill

(253) 573-6500

Training programs & job search assistance M-F: 8am-4pm

High Demand Industry Training

(253) 284-9017

10-week training in high demand field M-F 8am-4:30pm

Pierce College

(253)964-6435

College Advising, Classes, CDU'S M-F 8am-5pm

Tacoma Community House

(253) 383-3951

ELL, GED, Immigration & Employment (Español) Hours Vary

Workforce Central

(253) 472-8094

Manufacturing Academy, job listings, training M-F 8am-5pm

Work Source

(253) 593-7300

Assistance with unemployment benefits & job search

FAMILY PARENTING SERVICES

Catholic Community Services

(253) 383-3697

Family housing, parenting class, case management M-F 8am-5pm

Clover Park School District Student Services

(253) 583-5153

Provides assistance to families to meet student needs Hours vary

Lakewood's CHOICE

(253) 798-3799

Parent education about youth substance abuse prevention Hrs vary

Childcare Aware of WA

(253) 272-8000

Childcare resources line

FOOD

Bread of Life Food Bank

(253) 582-2515

ID address required (Español) Th 1pm-5pm

Emergency Food Network

Additional food resources from [Emergency Food Network](#)

Nourish Food Bank

(253) 581-1116

Weekly distribution, ID address required M-F 8am-5pm

Meals on Wheels

(253) 474-1300

Mon-Fri meal delivery for homebound seniors M-F 8am-5pm

Prince on Peace Food Closet

(253) 584-2565

Weekly distribution, ID/address required Tue 12pm-3pm

SNAP (Food benefits)

(877) 501-2233

Information & office locations (Español) M-F 8am-5pm

Springbrook Mobile Food Bank

(253) 298-7441

3 Stops: Centerforce, Boston/Lincoln & Springbrook Park

Saturday 10am-1pm

WIC (Lakewood)

(253) 588-9597

Supplemental food, formula (Español) M-Th 8am-5pm

HOUSING

Access Point 4 Housing

(253) 682-3401

Centralized intake for ALL housing needs M-F 9am-3pm

Landlord Liaison Project (MDC)

(253) 536-6200

Addresses barriers to renting Hours vary

MDC Housing Department

(253) 597-6728

Transitional & permanent supportive housing M-F 8am-4pm

Network Tacoma

(253) 474-9334

Transitional & permanent supportive housing Hours vary

The Rescue Mission

(253) 383-4493

Emergency shelter M-Th 8am-4:30pm, F 8am-2:30pm

Tacoma Ave Shelter

(253) 572-0131

Emergency shelter for men & women Hours vary

Shared Housing Services

(253) 272-1532

Home sharing, transitional & host homes M-F 8am-5pm

YWCA DV Shelter

(253) 383-2593

Single Parents in domestic violence (Español) 24-hour hotline

Community Housing Programs

(253) 983-7754

Major home repairs & down payment assistance

MENTAL HEALTH

Catholic Community Services

(253) 383-3697

Family, group & individual counseling/support M-F 8am-5pm

Comprehensive Life Resources

(253) 396-5800

Individual counseling (Español) Hours vary

Consejo Counseling

(253) 414-7461

Adult & youth outpatient treatment (Español) M-F 8am-5pm

Good Samaritan Mental Health

(253) 445-8120

Individual, chemical dependency, marriage M-F 8am-5pm

Greater Lakes Mental Health

(253) 581-7020

Counseling for adults & children M-F 8am-5pm

Hope Sparks

(253) 565-4484

Counseling, relatives raising children, family support M-F 8am-5pm

UTILITIES AND TRANSPORTATION

Lakeview Light and Power

(253) 584-6060

Utility provider & resources for assistance M-F 7am-6pm

LASA

(253) 582-5320

Housing, bus tickets, utility & rental assistance M-F 8:30am-5pm

McKinney Vento (Homeless Youth)

(253) 583-5154

Transportation for students in homelessness M-F 7:30am-4:30pm

St Francis Cabrini

(253) 655-7837

Limited rent/utility assistance Hours vary

YOUTH SERVICES

Boys & Girls Club of Lakewood

(253) 589-8989

Drop in after school program for school aged youth Hours vary

Campfire USA

(253) 627-8153

Day & resident camp, outreach for homeless (Español)

Tu-F 9am-4pm

Communities in Schools

(253) 589-7489

Mentoring, afterschool, summer programs M-F Hours vary

Lakewood's CHOICE

(253) 798-3799

Coalition for youth substance abuse prevention

Volunteer opportunities

Lakewood YMCA

(253) 584-9622

Swimming, fitness, intel clubhouse & programs Hours vary

Oasis Youth Center

(253) 671-2838

LGBTQ drop in youth center ages 14-24 Hours vary

REACH Center

(253) 573-6590

Serves 16-24 with education & employment M-F 9am-5pm

Tacoma Community House

(253) 383-3951

16-21 year olds career & internship program Hours vary

JOINT BASE LEWIS-MCCHORD

School Liaison Office

(253) 967-7195

Help military families better understand the education process, school organization and interaction strategies

Army Emergency Relief

(253) 967-9852/9812

Emergency financial assistance

Air Force Aid Society Aid

(253) 982-7027

Emergency financial assistance

Directorate of Personnel & Family Readiness

JBLM Main

(253) 967-6399

McChord Field

(253) 982-0176

Family programs to support service members

Exceptional Family Member Program (EFMP)

(253) 967-9704

Assistance for military families with special medical & educational needs

Family Advocacy Program (FAP)

(253) 967-6618

Services & training to enhance family and life skills

Military & Family Life Counselor (MFLC)

(253) 963-2223/2226

Counseling services