

CITY OF LAKEWOOD



PROCLAMATION

WHEREAS, parks and recreation is an integral part of our community, making it an attractive and a desirable place to live, work, visit and play; and

WHEREAS, parks and recreation programs provide places where people can gather, reflect, re-energize or socialize; a place where everyone is welcome regardless of age, race, beliefs or social and economic status; and a place where a sense of community is created; and

WHEREAS, parks and recreation programs promote health and wellness, provide a welcome respite from our fast paced, high-tech lifestyles, contribute to our ongoing economic vitality and protect and preserve our natural environment; and

WHEREAS, parks and recreation encourages physical activities by providing space for popular sports, active and passive trails, swimming beaches, dog parks and many other activities designed to promote independent and active lifestyles; and

WHEREAS, park and recreation programming and education activities, such as out-of-school time programming, day camps, after school programs, youth sports, and environmental education, are critical to childhood development; and

WHEREAS, parks and recreation encourages older adults to maintain or increase their independence and to promote good health, build strong minds and social connections which helps avoid loneliness and isolation; and

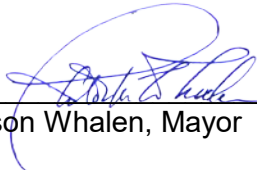
WHEREAS, parks and recreation promotes time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, anxiety and attention deficit disorders; and

NOW THEREFORE, be it resolved that the Lakewood City Council declares the month of July as

PARKS AND RECREATION MONTH

in the City of Lakewood. The City Council recognizes the significant benefits derived from parks and recreation resources and confirms its commitment to sustain and maintain our parks and recreation facilities for the benefit of our residents.

PROCLAIMED this 5th day of July, 2022.



Jason Whalen, Mayor