

# Master Plan Overview

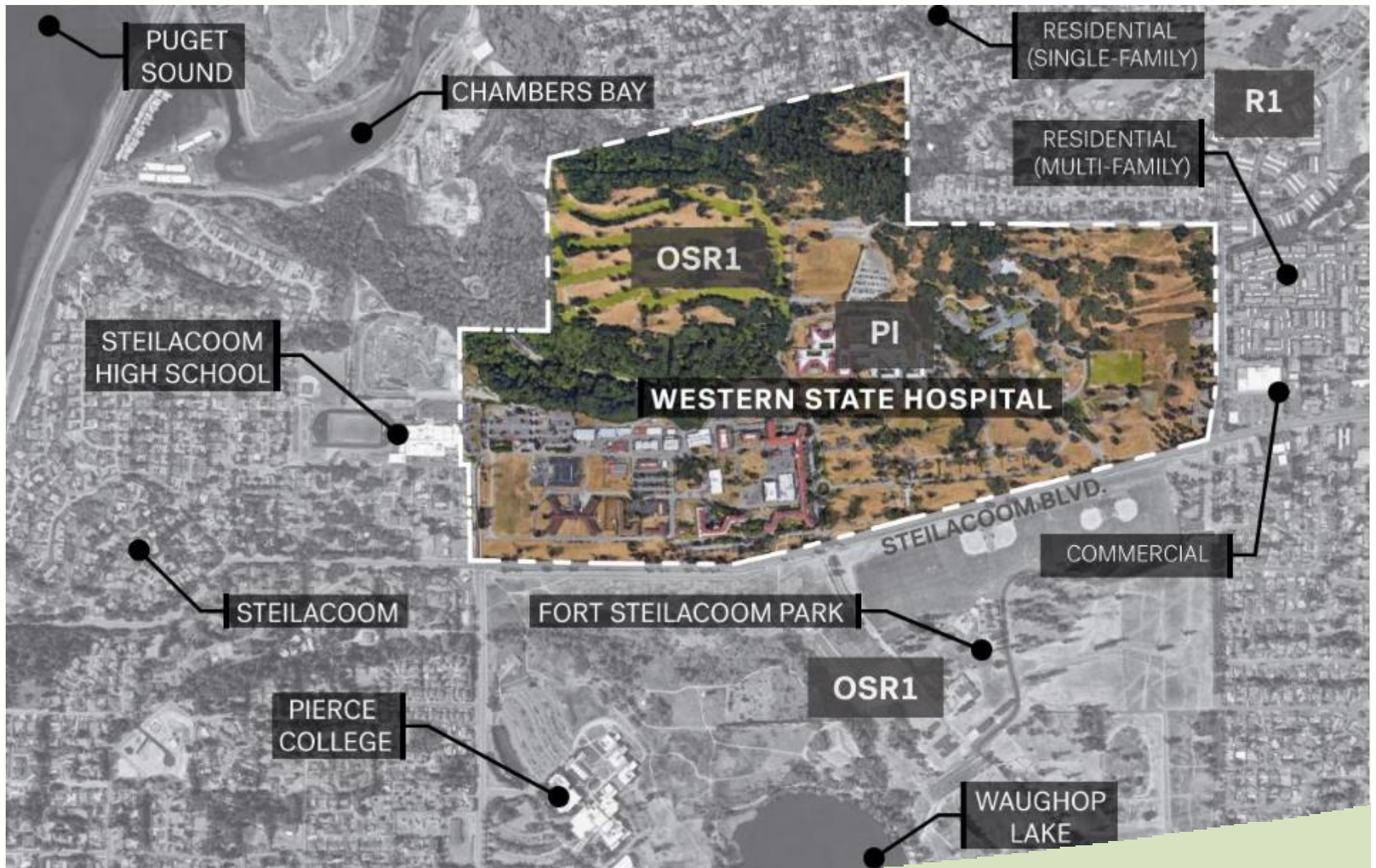


# DSHS Team

- Robert Hubenthal, **DSHS Facilities, Finance & Analytics Administration**  
*Capital Programs Director*
- Eric Ridenour, **SRG Partnership**  
*Consultant Architect/Planner*
- Dr. Brian Waiblinger, **DSHS**  
*Chief Medical Officer*
- Jenise Gogan, **DSHS/Behavioral Health Administration**  
*Director of Community Transitions*
- Linda Silva, **DSHS/WSH**  
*Deputy Chief Executive Officer for the Gage Center for Forensic Excellence*
- Aarón Martínez, **DSHS**  
*Capital Projects Manager*
- Erik Logan, **DSHS/CSTC**  
*Director of Nursing*
- Terry Gardner, **DSHS/WSH**  
*Director of Security for the Gage Center for Forensic Excellence*



# Western State Hospital Site Context

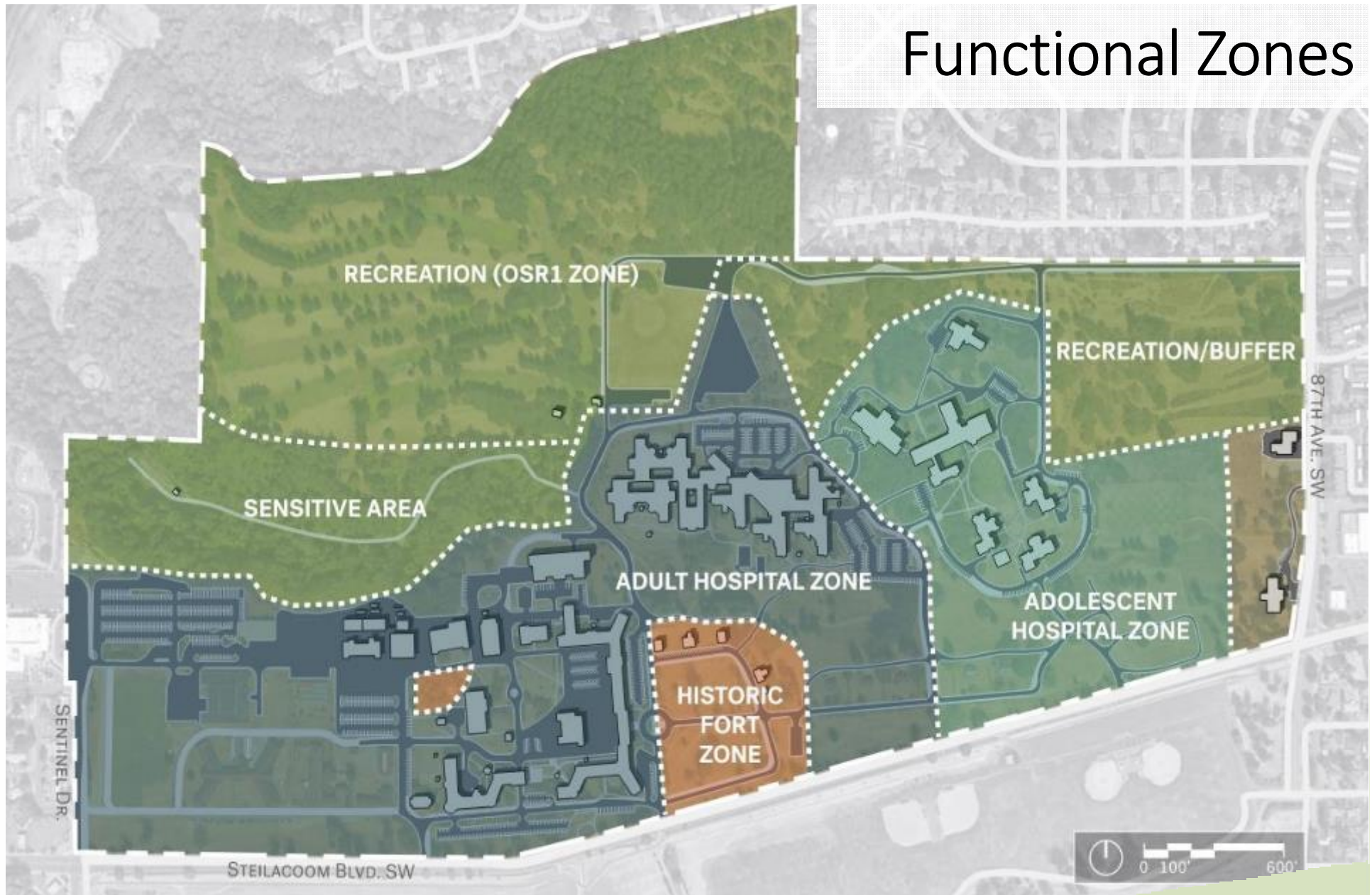


# Master Plan Overview





# Functional Zones

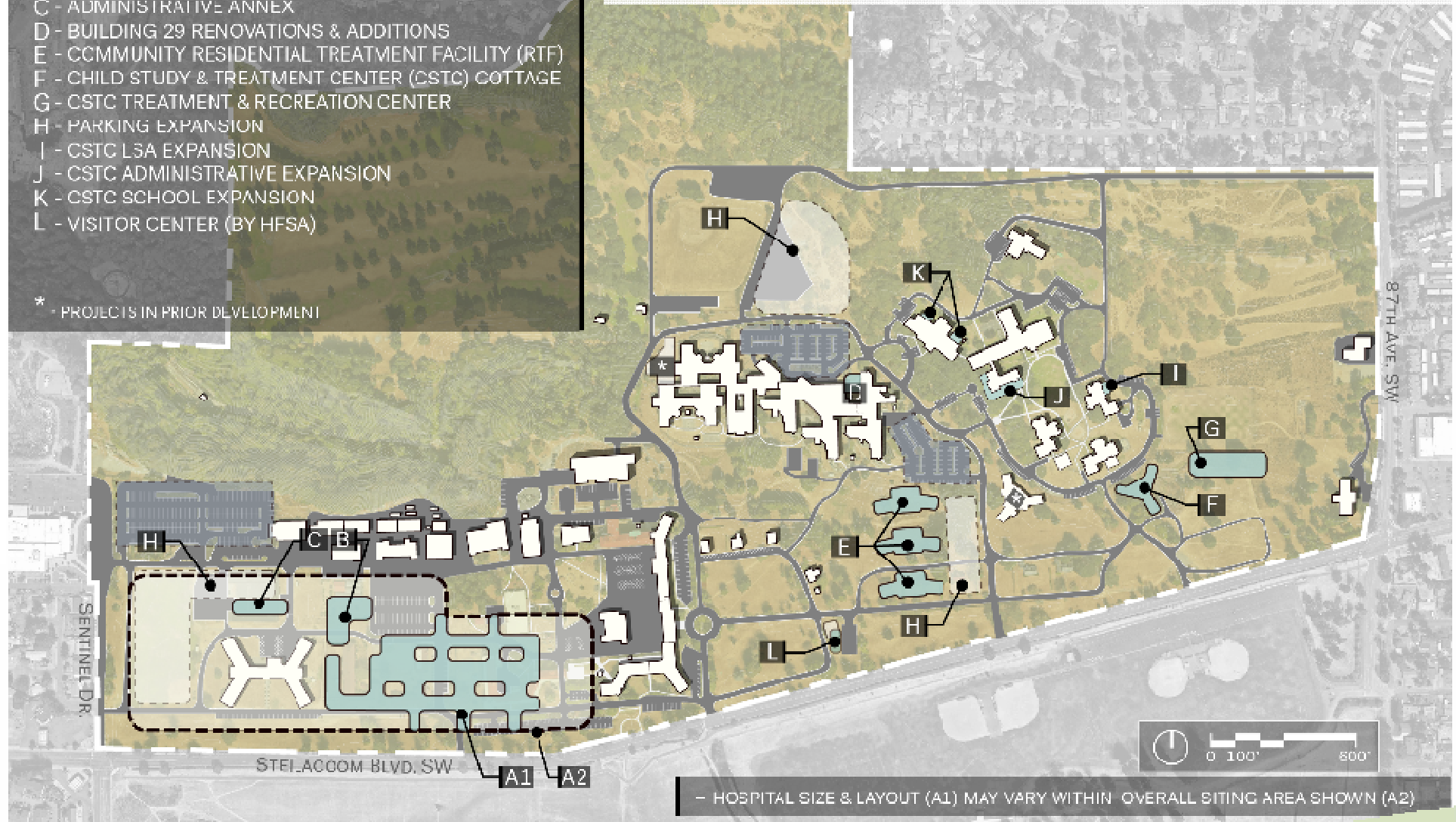


# Master Plan Development

## KEY:

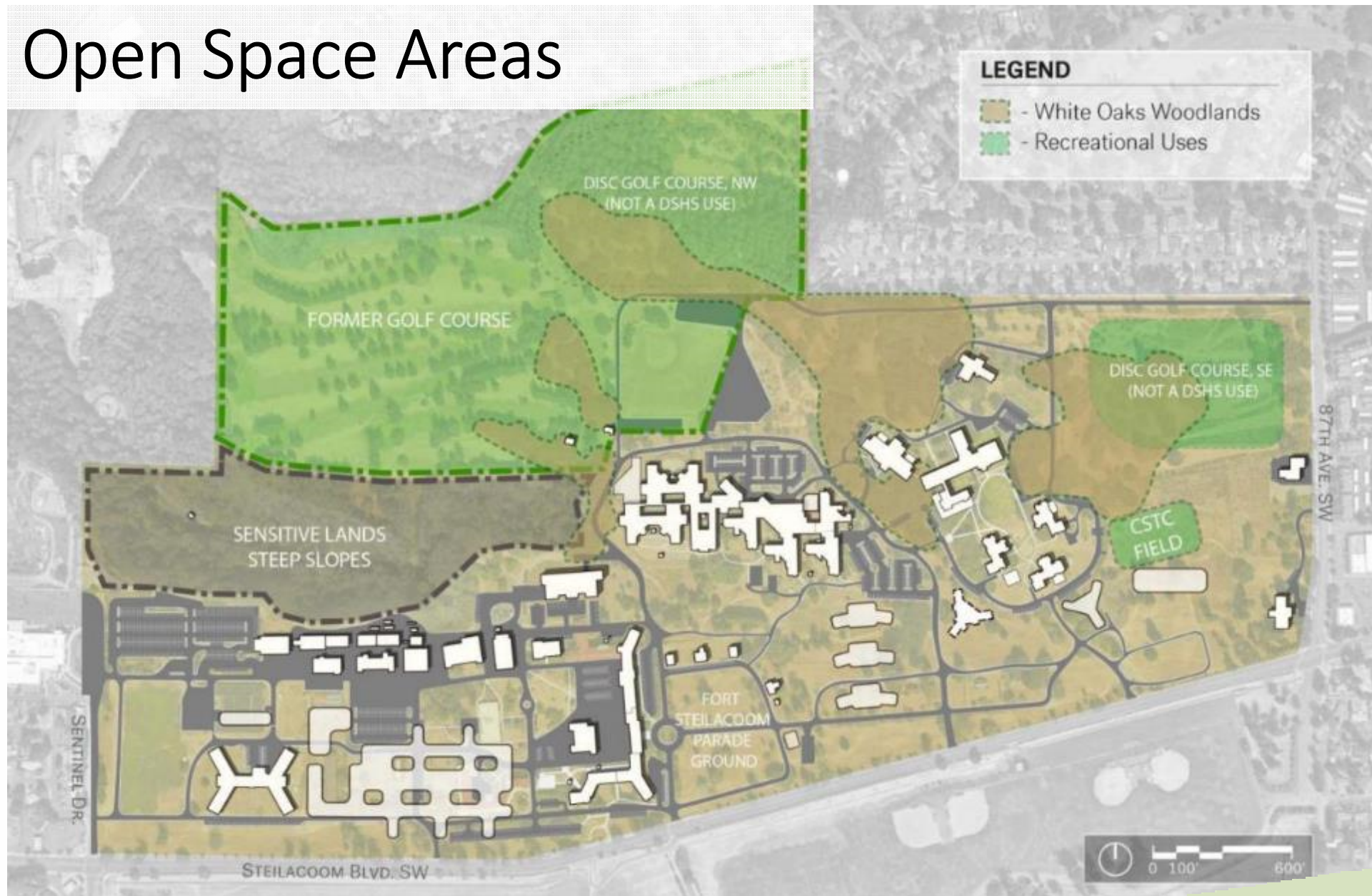
- A1 - FORENSIC HOSPITAL CONCEPTUAL FOOTPRINT
- A2 - OVERALL SITING AREA FOR FORENSIC HOSPITAL\*
- B - SUPPORT ANNEX
- C - ADMINISTRATIVE ANNEX
- D - BUILDING 29 RENOVATIONS & ADDITIONS
- E - COMMUNITY RESIDENTIAL TREATMENT FACILITY (RTF)
- F - CHILD STUDY & TREATMENT CENTER (CSTC) COTTAGE
- G - CSTC TREATMENT & RECREATION CENTER
- H - PARKING EXPANSION
- I - CSTC L3A EXPANSION
- J - CSTC ADMINISTRATIVE EXPANSION
- K - CSTC SCHOOL EXPANSION
- L - VISITOR CENTER (BY HFSA)

\* - PROJECTS IN PRIOR DEVELOPMENT





# Open Space Areas





# Master Plan: Demolitions





# Proposed Conditions of Approval

## **G. RECOMMENDATION**

If approved, Community Development Department staff recommends the Western State Hospital Master Facilities Plan, LU -20-00027, be subject to the following recommended conditions:

1. The City issued a Modified SEPA Mitigated Determination of Non-significance dated June 6, 2022. All mitigation measures are incorporated herein by reference as conditions of approval.
2. Alterations, expansions or major improvements not included in this Master Facilities Plan update shall require a land use modification permit.
3. Individual projects under the 2020 Master Facilities Plan may require site specific field studies to identify sensitive species and habitats and evaluate potential impacts associated with the proposed development activities depending on the location of the project. The State Department of Social and Health Services or associated agents shall consult with the Planning Department to determine what site specific field studies are required, if any.
4. Building, Plumbing and Mechanical permits shall be required through the City of Lakewood prior to construction of any buildings. The State Department of Social and Health Services or associated agents shall consult with the City of Lakewood regarding these permits and the individual construction activities.
5. Site Development permits shall be obtained for the project through City of Lakewood Public Works Engineering Department as necessary. The State Department of Social and Health Services or associated agents shall inquire with Public Works Engineering to determine which activities, improvements or expansions will require site development.



# WSH Master Plan Update Overview





# Forensic Patients

## Forensic Involuntary Treatment

(RCW 10.77)

- Competency Restoration Services
  - Charges pending
  - Referred by the court for services
  - 15 day evaluation, misdemeanor (29d) and felony restoration (90-180d)
- Mental State Defense (Not Guilty by Reason of Insanity (**NGRI**), Diminished Capacity)
  - Found Competent
  - Long-term placement at WSH if found NGRI (typically years)
  - Treatment focused on recovery and eventual safe return to the community
  - Community Program to assist with community transition
- Patients treated in the forensic unit at WSH as well as Fort Steilacoom Competency Restoration Program on the WSH campus
- If patients cannot be restored to competency, they may be referred for assessment for civil commitment

# Civil Patients

## **Civil Involuntary Treatment**

(RCW 71.05)

- 90-180 day inpatient civil commitments
- Can be referred by the community as well as from the forensic side of the hospital
- No active charges related to civil commitment
- Patients typically have some stabilization in the community or in the forensic unit at WSH
- Provided a variety of medical, rehabilitative, vocational and occupational services to help stabilize patients for safe discharge back to their home community



# Child Patients/CSTC

## **Treatment for Minors**

(RCW 71.34)

- Only State-operated and funded psychiatric hospital for children and youth age 5-17 with psychological and safety needs that can't be met in the community
- Average length of stay is 10 to 12 months
- Forensic evaluation and competency related services provided to select individuals (RCW 10.77)
- 4 age-specific cottages
- Parents, guardians/other family strongly encouraged to participate in all aspects of treatment from admission to discharge. Community outings common
- Provided a variety of medical, recreational and recovery-related services to help stabilize patients for safe discharge back to their home community
- Professional Services provided by UW Department of Psychiatry faculty
- Training programs for psychiatry, psychology, nursing and recreational therapy
- Accredited by the Joint Commission

# Active Treatment/Programming

Behavioral and physical health treatments include:

- Evidence-based practices may include cognitive-based therapies, trauma-informed care, and other therapies
- Individual and group treatment
- Additional therapies can include occupational, vocational, physical, recreational, and rehabilitative



Competency Restoration treatment focuses on restoring the ability to understand and participate in the criminal court process.

# Discharge Planning

- **Civil Discharges** from 8/1/18 through 8/31/20 = 25 months
- 828 total discharges across Western Washington = 22.4 persons/month
- 229 discharges to Pierce County = 9.2 persons/month

<u>Discharge Setting</u>	<u>Pierce County Resident</u>	<u>Out-of-County Resident</u>	<u>Total Discharges</u>	<u>Discharges Per Year</u>
Adult Family Home	32	24	56	26.9
ARTF* (Group Home)	25	11	36	17.3
Assisted Living/EARC*	11	30	41	19.7
Clean and Sober	6	2	8	3.8
DDA Placement	5	4	9	4.3
Family/Friend's Home	14	6	20	9.6
Hospital/Hospice	0	1	1	0.5
Independent	19	7	26	12.5
Inpatient SUD*	1	0	1	0.5
Jail	2	1	3	1.4
Skilled Nursing Facility	10	12	22	10.6
Supported Housing - GOSH	3	3	6	2.9
<b>TOTALS</b>	<b>128</b>	<b>101</b>	<b>229</b>	<b>110.1</b>

- **Forensic Discharges** from 1/1/18 through 8/31/21 = 44 months
  - Competency Restoration: 1,197 persons returned to jail including 277 persons originating from Pierce County = 23%
  - Competency Restoration: 31 persons discharged to Pierce County = 8.4 persons/year
- **Not Guilty by Reason of Insanity:**
  - 16 persons discharged to Pierce County = 4.4 persons/year



# Discharge Planning

- Begins at admission
- Review history in the community
- Assess level of care needs
- Coordinate between community providers, the patient and identified support system, and the facility social workers
- Risk mitigation and safety planning
- Referrals to and coordination of appropriate services, including:
  - Long-term care settings:
    - Adult Family Homes
    - Enhanced Services Facilities
    - Assisted Living
    - Supportive Housing
  - Adult Residential Treatment Facilities
  - Independent living/Supportive housing
  - Intensive outpatient programs
  - Outpatient programs
  - Substance use treatment
  - Medical care

# Safety & Security



▲ A rendering of the facility design showing an enclosed outdoor recreation area.  
▼ Winter garden, conceptual rendering



## Physical security

- Fully locked, secure facility
- Passive & active measures
- Outdoor recreation areas will be enclosed with anti-climb fencing integrated with building walls

## Staff

- Control all entrances and exits
- Security-specific staff at perimeter entrances
- Video coverage of perimeter
- Trained in de-escalation strategies and emergency management processes

## Law enforcement assistance

- Facility to notify local law enforcement if assistance is needed



# Master Plan: Security



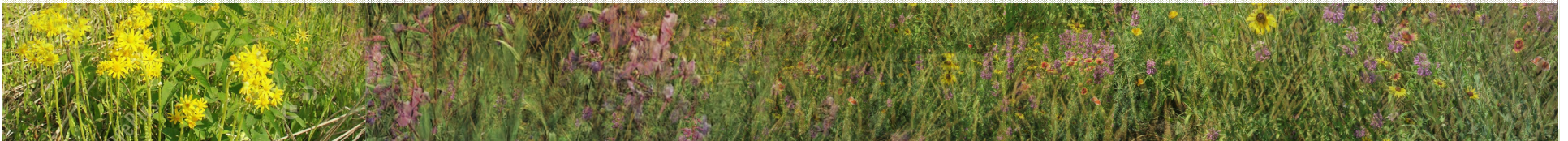


# Hospital Design: Design Updates



New Forensic Hospital on Western State Hospital Campus | DSHS (wa.gov)

[www.dshs.wa.gov/bha/division-state-hospitals/new-forensic-hospital-western-state-hospital-campus](http://www.dshs.wa.gov/bha/division-state-hospitals/new-forensic-hospital-western-state-hospital-campus)





# Master Plan Development

**Table 1: Existing & Projected Bed Counts\***

Date Range	2019-21	2021-23	2023-25	2025-27	2027-29	2029-31
M.P. Year:	Base	1-2	3-4	5-6	7-8	9-10
<b>Bed Type</b>						
Center for Forensic Services (CFS) - Buildings 21, 27, 28, 29	387	445 <sup>†</sup>	415	180	180	180
Civil Commitment - Buildings 17, 19, 20, 21, 27 & 29	470	415	325	95	95	143
Child Study & Treatment Center (CSTC) Adolescent Services	65 <sup>†</sup>	65	83	83	83	83
New Forensic Hospital	n/a	n/a	n/a	350	350	350
New Community Residential Treatment Facility	n/a	n/a	n/a	n/a	n/a	48 <sup>§</sup>
<b>Total:</b>	922	925	853	768	768	864

**Table 2: Site Capacity, New Construction & Demolitions**

Date Range	2019-21	2021-23	2023-25	2025-27	2027-29	2029-31
Master Plan Year:	Base	1-2	3-4	5-6	7-8	9-10
<b>Additions:</b>						
New Forensic Hospital	-		-	+ 350	-	-
New Community RTF	-	-	-	-	-	+ 48
CSTC Cottages	+18 <sup>†</sup>	-	-	+ 18	-	-
<b>Renovations:</b>						
Building 28		+ 58 <sup>†</sup>		-118 <sup>†</sup>		
Building 29		-55 <sup>§</sup>				
Buildings 17, 19, & 20 <sup>†</sup>			-45			
<b>Demolitions:</b>						
Building 21			-167			
Buildings w/o beds <sup>†</sup> : 9, 10, 11, 12, 13, 14a, 14b, 15, 16a, 23, 24, 25, 26, 30, 31, 44						
<b>Total Site Bed Capacity:</b>	922	925	713	963	963	1,011

# Master Plan: Demolitions



Figure 20: Artist's rendering of the demolition plan.



# Design Approach



Preliminary Design Renderings