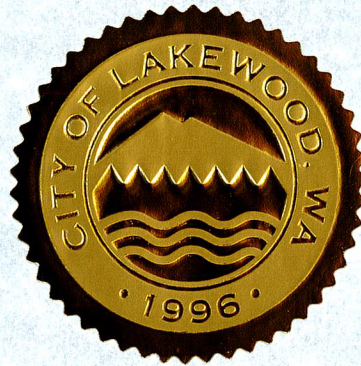


CITY OF LAKEWOOD



PROCLAMATION

WHEREAS, first responders including law enforcement officers, firefighters, emergency medical services (EMS) personnel, 911 dispatchers, correctional officers, and members of other organizations in the public safety sector, come together to protect and aid our community in the event of an emergency; and

WHEREAS, first responders risk their life and safety every day in the performance of their duties to protect our residents; and

WHEREAS, first responders are tasked with handling dangerous and complicated situations; and

WHEREAS, nationwide, law enforcement officers will go through an average of 188 critical incidents throughout the course of their career; and

WHEREAS, first responders often experience stress that has real physical impacts including cardiac issues, diabetes, obesity, and sleep issues; and

WHEREAS, first responders are up to 25.6 times higher risk for developing post-traumatic stress disorder when compared to individuals without such experiences; and

WHEREAS, first responder wellness includes management of issues including, but not limited to sleep, fitness, nutrition, fatigue, anger management, posttraumatic stress and loss; and

WHEREAS, we recognize the integral role first responders play in our community and the benefits derived from their hard work, commitment, sacrifice, and unhesitating dedication; and

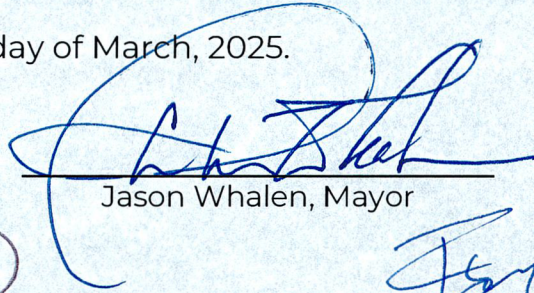
WHEREAS, research shows that fostering a strong wellness culture inside first responder agencies enhances relations within the communities they serve.

NOW, THEREFORE, the Lakewood City Council, do hereby recognize March 24, 2025 through March 28, 2025 as

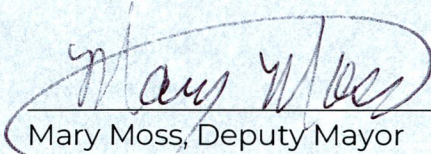
FIRST RESPONDER WELLNESS WEEK

in the City of Lakewood and encourages all residents to recognize and to actively support our local first responders.


PROCLAIMED this 17th day of March, 2025.



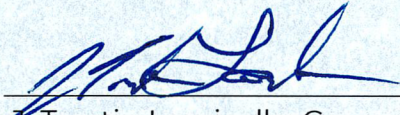
Jason Whalen, Mayor



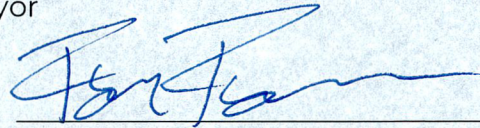
Mary Moss, Deputy Mayor



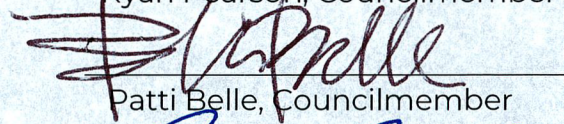
Michael D. Brandstetter, Councilmember



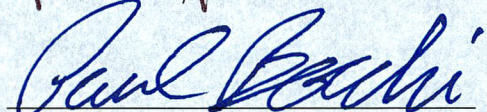
J. Trestin Lauricella, Councilmember



Ryan Pearson, Councilmember



Patti Belle, Councilmember



Paul Bocchi, Councilmember